



# The Probuscan

*Newsletter of the PROBUS Club of Surf Coast Anglesea  
Sponsored by Torquay Rotary*

## September 2026

**NEXT MEETING – Monday 21<sup>st</sup> September, 9:30 am, Anglesea Hotel**

### PRESIDENT'S REPORT

It's been a delight to have a few warmer days, she says looking out the window on a grey old day but there's hope the sun will come shining through again. I was sorry to miss the trip to Sorrento. On that day I had to deliver my car to the repairer (two months after a car ran into the back of me at lights in Torquay) and collect a hire car for the week of the repairs. I wasn't brave enough to do the journey to Queenscliff, but I got a glowing report from Rosie at Anglesea Rock Choir on Monday night.

This last weekend has been filled with lots of fun and friendship- a trip to Colac to go to the lovely Palestinian restaurant Dar Teta. It was lovely to be driven by friends with lots of talk on the way there and back and in the restaurant accompanied by wonderful food. That day was topped off with a book talk at the best bookshop in the world, Great Escape Books. Jock Serong was talking about his latest book "A Suitable Man", a biography of Fletcher Jones. Local author Gregory Day interviewed him and they provided great insight into our part of the world and the people it has produced.

Part of my Sunday was spent in Geelong finally seeing The Impressionists exhibition followed by lunch at The Black Sheep. The group of friends I had lunch with have been meeting for lunch (previously dinner) every six weeks since 1981, going to a different nationality restaurant each time. Needless to say, we have repeated different cuisines in that time.

I have heard a number of our members are going through a few health issues and wish them well. I hope we can see them back at our meeting on September 21<sup>st</sup>, it would be a pity to miss out on our Footy Colours meeting- even this wooden spooner of the footy tipping is going to try to remember to wear footy colours.

Until then- cheers Celia

### MEMBERSHIP

We currently have 74 members, including Pam Saunders who was inducted last month. Welcome Pam.

37 members attended the August meeting, with 18 apologies, 18 absentees and one visitor – Lyn Clarke, who is Jan Morris's sister. Lyn also joined us for the birthday lunch and the ferry trip. Welcome Lyn



## COMING UP

- **September meeting – Monday, 21<sup>st</sup> September. 9:30 am**  
Guest Speaker – Rob Grenfell **Wear your footy colours!!**
- **September Birthday Lunch – Wednesday, 23<sup>rd</sup> September 12:30 am**  
Doc Hughes. Torquay
- **Hastings Ostrich Farm – Monday, 28<sup>th</sup> September. 10:30 am**  
The Vault. 30 Main St. Winchelsea
- **Music Bingo – Wednesday, 8<sup>th</sup> October**  
Anglesea Hotel
- **Delightful Days & Matinees – Wednesday, 21<sup>st</sup> October. 11:00 am**  
Bernadette Robinson – They Sang at Carnegie Hall.

## SPEAKERS

Denise Moody was our Club Speaker last month, speaking about her early life, her career, her family and the travels she and Steve have done. Thanks Denise.



Guest Speaker Christine Brooks, gave a very informative talk about palliative care. She spoke about her podcasts Room 64 and provided heaps of information and resources, stressing the importance of being prepared for this part of our lives.

Next month our Guest Speaker is Rob Grenfell, a public health specialist who led the Australian team in CoVID vaccination discovery and development of CoVID response models.

## BIRTHDAY LUNCH



We celebrated the August birthdays at the Torquay Bowling Club looking out at the water on a lovely day. Happy birthday Jan.

This month we are heading to Torquay.

WHERE: Doc Hughes. 23 The Esplanade. Torquay

WHEN: Wednesday, 23<sup>rd</sup> September. 12:30 pm

I hope you can join us.



Pauline Andrewartha, Susan Clarke, Lyn Elsbury, Kathy McLennan, Liz Gielewski, and Richard Fowler *Wishing you lots of fun and good times.*

## WEAR YOUR FOOTY COLOURS

How did your team go in the footy this year?  
Our next meeting falls in AFL Grand Final week so we ask that you don a scarf, beanie, jumper or socks in your team's colours.



Don't follow AFL? You could show your support to an NRL team, a soccer club, local netballers or even the green and gold of the Aussies. (The women are playing in the Basketball World Cup at the moment). *If in doubt just wear something Red and Black!!* 😊🇺🇸😊

There will be a quick quiz and we will present prize money to the winners of the Sue Anderson Memorial Footy Tipping.

## HASTINGS OSTRICH FARM - WINCHELSEA

Hastings Ostrich Farms are Australia's leaders in ostrich breeding, production, manufacturing and sales to export and local markets.

On the guided tour we will learn all about these fascinating and prehistoric birds, their history and how farming saved them from extinction.

Lunch afterwards at the Winchelsea Hotel.

WHERE: Meet at The Vault, 30 Main St. Winchelsea

WHEN: Monday, 28<sup>th</sup> September. 10:30 am

COST: \$20.00

**\*\* There is no upfront cost but we need to collect the entry fee from everyone before we go in, so please make sure you have you have \$20 CASH**



## MUSIC BINGO

As part of the Surf Coast Shire's Positive Ageing Month in October Kathy has planned a fun morning of Music Trivia to be held at the Anglesea Hotel, on 8<sup>th</sup> October.

Probus members are encouraged to join in, but also to spread the word. We hope a wide range of people from all corners of the Surf Coast will come along. Bring a friend, bring a group.

Please register before the event with [trybooking.com/DMORS](https://www.trybooking.com/DMORS) (scan the code) or at the Anglesea Post Office.

THE PROBUS CLUB  
OF SURF COAST ANGLESEA Inc  
PRESENTS

**A POSITIVE AGEING EVENT**  
**MUSIC BINGO**

THURSDAY  
8 OCTOBER 2026

ANGLESEA HOTEL  
1 MURCH CRESCENT ANGLESEA VIC 3230

FOOD AND DRINKS AVAILABLE FOR PURCHASE  
DURING AND AFTER THE SHOW

DOORS OPEN AT 10:30AM FOR AN 11AM START

PRIZES TO WIN!

**TICKETS**  
AVAILABLE AT ANGLESEA POST OFFICE  
OR ONLINE at  
<https://www.trybooking.com/DMORS>

FOR MORE INFORMATION  
[kathmclennan@outlook.com](mailto:kathmclennan@outlook.com)

**\$10**  
(+ booking fee)

SCAN QR CODE

**MUSIC BINGO!**

|                    |                      |                       |                |
|--------------------|----------------------|-----------------------|----------------|
| Get<br>You<br>Babe | Get<br>Ready         | Bill<br>Hoyle<br>Rock | Soul<br>Man    |
| Cathy's<br>Clean   | Heat<br>Wave         | I'm a<br>Believer     | Stand<br>By Me |
| My<br>Girl         | Run<br>Around<br>Sue | Be My<br>Baby         | Louie<br>Louie |
| Sugar<br>Shack     | I Get<br>Around      | Whty<br>Whty          |                |

## POSITIVE AGEING MONTH

From dance and movement to trivia and information sessions the Surf Coast Shire's Positive Ageing Month in October celebrates the Victorian Seniors Festival.

A full calendar of events can be found at [surfcoast.vic.gov.au/PositiveAgeingMonth](http://surfcoast.vic.gov.au/PositiveAgeingMonth) or you can call 5261 0600

## DELIGHTFUL DAYS & MATINEES

The next Delightful Days is one not to be missed. I'm away in October but was able to catch this performance in Essendon last week. *It was amazing!*

Bernadette will sing the songs of Judy Garland, Billie Holliday, Dolly Parton and more and you would swear that it is that performer singing and not Bernadette, so good is her impersonation of their voices.

WHAT: Bernadette Robinson: They Sang at Carnegie Hall.

WHERE: Geelong Arts Centre. Morning tea provided

WHEN: Wednesday, 21<sup>st</sup> October. 11:00am. Meet at 10:15 am for morning tea.

COST: \$30.00

As always, we need to get tickets a.s.a.p. Final numbers by Friday 3<sup>rd</sup> October please.

If you would like to attend, please sign up at the September meeting and pay \$30.00 into the Probus Bendigo bank account asap. Don't forget your name and 'GAC tickets' in the reference section.

NAME: Probus Club Surf Coast Anglesea                      BSB: 633 000                      ACC. 125 482 448

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## **PROBUS CLUB OF SURFCOAST ANGLESEA**

### **MINUTES OF GENERAL MEETING: Monday, 17<sup>th</sup> August 2026 at Anglesea Hotel**

**Acknowledgement of Country** President Celia

#### **President's Comments**

Celia made comment about days that are currently being celebrated, including chocolate chip cookie day, First Nations early spring,

- Our membership officer Lyn Elsbury had a knee operation last week, so Yvonne Burnell and Fran Findlay have stepped in. Thanks Yvonne and Fran. We wish Lyn all the best for a speedy recovery.
- **Minutes** for the last General Meeting held on Monday, 20<sup>th</sup> July 2026 were circulated with the August Probuscan. Accept the Minutes:      Moved: David Morris      Seconded: Fran Findlay      Accepted

#### **Induction of Pam Saunders**

Pam now lives permanently in Anglesea., She participates in community activities including Rubbish Rangers. She has been a teacher librarian at several schools including Melbourne Boys High School. She provided professional development for many teacher librarians.

Pam was inducted by Celia and given her Probus badge. She was welcomed by the members.

#### **Reports**

- Outings and Activities                                              Kathy McLennan
  - Thursday 20 August Birthday Lunch at Torquay Bowls Club
  - Monday 31 August, Ferry trip to Sorrento – leave Bowls Club 10.30am
  - Wednesday 23 September Birthday Lunch at Doc Hughes, Torquay

- Monday 28 September tour of Hastings Ostrich Farm, Winchelsea - \$20
- Thursday 8 October Musical Bingo in conjunction with Shire
- Historical tour of Anglesea organised with Historical Society – d to be d
- Membership - Yvonne Burnell  
37 in attendance                      18 apologies                      18 non attendance
- Footy Tipping                                              Sue Rowe  
Noel now on top followed by  
Wear footy colours at September meeting

#### **General Business**

- Questionnaire results. Still available for those who were not here last month.

#### **Club Speaker:**

Introduced by Liz Gielewski

Speaker: Denise Moody told us about her interesting life. Growing up in Coburg North, she reminded us of when bread and milk were delivered and games we played as children. She spent holidays on a farm and at the beach. She met Steve in 1999. It was her second marriage. She has two sons and two daughters. Her professional life was in hospital administration. Now retired, she and Steve have travelled extensively both in Australia and worldwide.

**Birthdays:** This month are Judy Clark, Alastair Duke, Marg Elso, Jan Morris, Doreen Leeman, Mario Lake, Rick Sheehan, Maralyn Lamb.

#### **MORNING TEA**

#### **Guest Speaker:**

Introduced by Liz Gielewski

Speaker: Christine Brooks

Christine gave a most informative talk about Palliative Care. She started with a presentation about Room 64, the name given to Palliative Care Podcasts that are available on line. She spoke about the various areas that people need to know about as they come near to end of life. She stressed that we have choices, but can only make decisions if fully informed what those choices are. She spoke about the outstanding services provided by Barwon Health Palliative Care to both individuals and families. She stressed the need to have all information and decisions documented and available. Christine left us with many website resources.

#### **Draw Special Effort**

donated by Jenny & Richard Fowler

Won by Kristin McDonald

Donor for next meeting, Denise Moody

#### **Final Words / Announcements**

- Footy Colours at September meeting
- 20<sup>th</sup> August Daffodil Day in support of cancer research

**Next Meeting** Monday, 21<sup>st</sup> September at Anglesea Hotel

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